

REMEMBER MADHUME

CARE ASSISTANT

PERSONAL DETAILS



REMEMBER MADHUME



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1B JERICO FARM CLOSE
L175AW Liverpool United Kingdom



December 9, 1986

LANGUAGES

English

Shona

SKILLS

- Compassion
- Empathy
- Teamwork
- Activities of Daily Living
- Patient-centred care
- Patient safeguarding
- Interpersonal Skills
- Effective Communication
- Medication administration

EDUCATION

O'level GCSE -Gumbanjera Sec School -2007

Advanced Level-Glen View 1 High-2010

PROFESSIONAL SUMMARY

Empathetic Health care worker with sensitive and compassionate approach to cultivating trusting, stimulating and varied lifestyle for residents. Offers enhanced care with flexible learning approach for patients. Experience in hospital and in-home settings providing guidance and encouragement to patients through physical and emotional support.

WORK HISTORY

CARE ASSISTANT

11/2023 - Present

Mercy and Clara HealthCare Ltd, Stoke-on-Trent ,United Kingdom

- Interacting with patients in medical facilities, nursing homes, or in the patients' home.
- Providing a warm and welcoming care environment to clients.
- Listening to a patient's needs, wants, and other suggestions about their care.
- Attending to patient's hygienic needs such as bathing, dressing and undressing, cleaning teeth or dentures, and using the bathroom.
- Recording basic health information such as weight, food intake, and daily bowel movements/urination.
- Reporting any unexpected or worrisome conditions in the patient: medical, psychological, emotional, or otherwise.
- Assisting patients with preparing meals, eating, and cleaning up after themselves.
- Performing household chores on behalf of the patient such as making the bed, tidying up the bedroom, doing laundry, dusting, sweeping, mopping, etc.
- Assisting with shopping, keeping a detailed financial record of all transactions.
- Accompanying patients on approved outings.
- Assisting patients with mobility needs (helping them get up, helping them get into a wheelchair or walker, pushing a wheelchair, etc.).
- Reminding patients to take medication according to their doctor's prescription.
- Respecting the patients' privacy and rules of confidentiality.
- Establishing a relationship with each patient and members of patients' families.
- Answering the telephone and greeting guests on behalf of the patient.

CARE ASSISTANT

01/2021 - 09/2023

NAZARETH CARE, Zimbabwe

- Assisted patients with his personal care including supporting him to use the bath or shower, washing hair, oral care including brushing teeth giving them strip/bed baths in the later days.
- Helped patients to use the bathroom including assisting them to get to and use the toilet or commode, and then the bedpan.
- Supported to pick out clothes and get dressed and undressed.
- Managed all medication including giving the correct dose and type of medication in line with the prescription.
- Spent social time with elderly patients including chatting about their earlier life, accepting visits from other family members.
- Prepared healthy and nutritious meals promoting healthy choices where possible, and created ,blended meals when necessary.
- Completed chores such as hoovering and dusting to maintain a clean and safe environment in client homes.

KEY ACHIEVEMENTS/PROJECTS

- Commended by District Nurses, the GP and the social services team for the exceptional level of care given.

ACCOMPLISHMENTS

- Consistently demonstrated obedience to established facility procedures, protocols, and standards.
- Accurately completed assignments and general duties, increasing overall efficiency by 40%.
- Maintains a clean and healthy environment in compliance with Universal Precaution guidelines and safety standards.
- Assisted patients in every step of testing and screening and provided them with relevant education, which increased positive feedback by 50%.

CERTIFICATION

Care Certificates (15)-Training Atlas Citation-2023

Diploma in Caregiving-Alison Online Courses-2022