

Petilinia Zinambwa

Care Assistant

Contact



+447591201575



pettyzinambwa@gmail.com



17 Patagonia Place, Annesley Nottingham

Skills

Good communication skill

(Intermediate)

Software Skills

Microsoft Office

Languages

English

(Intermediate)

About Me

A compassionate and dedicated Care Assistant with Three years of experience in elderly care, working with residents in a nursing home. I am a keen learner with up-to-date training in lifting and handling patients, and I find care work highly rewarding.

Experience

Care Assistant

Nov 2023 – Present

Angel Of Hope

supporting people with their personal care

assisting people at meal times

understanding individual health and wellbeing needs

encouraging and supporting people to take part in social activities, both in and out of the home

promoting choice, dignity, independence and respect

completing and maintaining care records.

Nurse Assistant

Oct 2022 – Jun 2023

Somabula clinic

Assist clients with personal care tasks, such as bathing, dressing, eating and toileting
Perform light housekeeping tasks, such as dusting, vacuuming and changing bed clothes
Assist in the safe lifting, transferring, repositioning and movement of clients
Attended staff training to keep up to date on care home regulations, best practices and safety standards.

Measured care plan effectiveness by clo

field officer (Social Worker)

Jan 2019 – Jun 2022

Compassionate Family Care foundation

Assessing the need for care and protection of individuals or families
Ensuring that individuals or families receive the necessary support and protection
Assisting in the implementation of policies that aim to safeguard the vulnerable and uplift communities
Making recommendations or referrals to other services or agencies
Creating and maintaining accurate case files and records
Regularly meeting wi

Education

Florence Academy

Dec 2022 – Dec 2022

15 Standard care certificate

Zimbabwe Red Cross Society

Jul 2022 – Sep 2022

Nurse Aide certificate, community based health care and Advanced first

Midland State University

Jul 2014 – Jun 2018

Bachelor Of Arts in Development Studies Honour's Degree

Social Worker Degree