

Keren Akresi Yeboah

Professional Summary

Empathetic Care Worker with sensitive and compassionate approach to cultivating trust, stimulating and varied lifestyle for residents. Offers enhanced care with flexible learning approach for service users'. Experience in care homes and in- home settings providing guidance and encouragement to service users' through physical and emotional support.

Work History

Blessed care legacy ltd-Health Care Assistant

East London, London

08/2023-Current

- Assisted in all aspects of personal care, retaining comfort and dignity.
- Monitored client health conditions and reported immediate issues to manager.
- Improved service users' daily lives through compassionate conversation, empathetic care and community socialisation.
- Helped service users improve their independence, building strength and confidence to enhance daily living.

Ashanti Home Medicare Plus- Care Assistant

Kumasi, Ashanti

07/2021-07/2023

- Delivered high-quality care to clients with disabilities, achieving care plan objectives.
- Optimised patient satisfaction through compassionate, considered care and communication.
- Monitored individual's physical and emotional wellbeing, promptly reporting changes and providing suggestions for care plan adjustments.
- Prepared healthy meals with additional mealtime planning, feeding and support.
- Accompanied client to medical or dental appointments, grocery and errands.
- Provided high-quality person-centred support and received consistently positive patient feedback.

Ghana Health Service- Health Promotion Officer

Sunyani, bono

09/2020-06/2021

- Educated patients and carers on facing and overcoming disability challenges.
- Worked in multi-disciplinary teams to deliver outstanding care to service users.
- Informed patients of necessary exercise routines to be performed between appointments.
- Maximised rehabilitation potential by building patient knowledge of treatments and conditions.

One Love- Volunteer Youth Worker

Sunyani, Bono

06/2020-09/2023

- Helped young children to develop critical life skills through educational play.
- Organised inclusive sporting activities, encouraging teamwork and collaboration.
- Role modelled positive behaviour and interpersonal skills.
- Promoted community involvement and volunteering among young people.
- Safeguarded young people in line with national guidelines.

Ms Office

- MS Word
- PowerPoint
- Excel
- Teams
- outlook

Email: krenakresi98@gmail.com

Contact Number: 07442835174

Location: London

Skills

- Personal care
- Care plan management
- Safeguarding knowledge
- Care management
- Meal preparation
- Compassionate care giver
- Exceptional communicator
- Health assessment and monitoring

Education

University of Cape Coast

Cape Coast

Bachelor of Arts: Population and Health.

It is an interdisciplinary field focused on factors that influence the health of population. It addresses health outcomes, health determinants, and policies and interventions that link the two.

Certificate

Care Certificate Standard 15, Atlas – 2023

- Understanding your role
- Personal development
- Duty of care
- Equality and diversity
- Work in a person centered way
- Communication
- Privacy and dignity
- Fluids and nutrition
- Awareness of mental health, dementia and learning disabilities
- Safeguarding adult
- Safeguarding children
- Basic life support
- Health and safety
- Handling information
- Infection prevention and control

Knowledge Element, Care Tuition- 2023 Care Support Worker, Florence Academy- 2023

Module A Adult Social Care, Florence Academy-2023.