
MONICA ANSAH OWUSU

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PROFESSIONAL SUMMARY

I am a Certified Registered Nurse Assistant and Care Worker known for delivering high-quality care to patients and excelling in patient relations. Liaises with medical professionals, patients and family to provide continuous top-quality care and education. With expertise in assisting clients with personal tasks, I consistently prioritize their dignity and respect. My approach is characterized by empathy, attentiveness, and a commitment to fostering client independence. Above all, my work is marked by compassion and patience, underpinned by a reliable and organized methodology..

SKILLS

- Quality Care Delivery
- Patient Relations
- Team Player
- Compassion and Empathy
- Effective Communication
- Medication Administration Skills

WORK HISTORY

Part Time Care Worker, 10/2023 - Current

Green Olive Care Ltd – Watford

- Provided assistance in daily living activities by dressing, grooming, bathing, and toileting patients.
- Assisted clients with daily living needs to maintain self-esteem and general wellness.
- Provided safe mobility support to help patients move around personal and public spaces.
- Assisted patients with personal requirements for housekeeping and grooming assistance.
- Remained alert to problems or health issues of clients and competently responded.

Care Worker, 08/2023 - Current

Blessed Care Legacy Ltd – London

- Provide personal care to residents, including assistance with bathing, eating, and mobility
- Assisted clients with daily personal tasks, such as bathing, dressing, grooming, and toileting
- Provided mobility assistance, such as transferring clients from bed to wheelchair

- Monitored and reported changes in clients' health status to supervising nurses
- Monitored clients for adverse reactions or side effects of medications
- Maintained accurate records of medication administration.

Registered Nurse Assistant, 09/2021 - 08/2023

St Martin's Hospital – Ghana

- Record vital signs, such as temperature, blood pressure, pulse, or respiration rate
- Observe patients to detect symptoms that may require medical attention
- Dispose of biomedical waste in accordance with standards
- Assist physicians in the operation of medical equipment or provision of patient care
- Administer medications and treatments, such as catheterizations, suppositories, irrigations, or injections as directed by a physician

Personal Carer, 03/2018 - 09/2021

Mr. Richard Amoah – Ghana

- Attended client's home to provide daily care focused on personal hygiene and general wellbeing
- Administered medicines unto clients per directives of the physician
- Assisted with daily living activities, running errands and household chores
- Administered client care logs which outlined details on the client well-being and any medical requirement

EDUCATION

Registered Nurse Assistant: 2018

Sefwi Wiawso Nursing College - Ghana

Senior High School Certificate: 2013

Adu Gyamfi Senior High School - Ghana

CERTIFICATIONS

15 Care Certification Standards || **ProTrainings** Accredited CPD Course || August 2023

HOBBIES

Volunteer Work || Mentoring or Training || Community Involvement || Continuing Education

REFERENCE

Available upon request