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# Gbadegesin Joy Oluwadara

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A resilient and versatile carer with extensive experience in providing care, support, and encouragement to service users and residents.  
Skilled in handling variety of patients concerns with courtesy and professionalism.

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## Professional Experience

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**Beam light Care home, Agbomo Estate, Abusoro, Akure, Nigeria.** **06/21 - 01/23**  
**Care assistant**

Worked here from June 2021 to January 2023

- I helped residents shower and get dressed
- Used equipment to lift and move residents
- Helped with feeding
- Supported residents and develop strong and trusting rapport
- Improved patient outlook and daily living through compassionate support
- Updated daily logs recording mobility activities, mood changes, feeding and medication

**Medicare support and housing** **02/23 - Present**  
**Care assistant**

- Provided clients with exciting and mentally stimulating activities to improve their quality of life
- Adhere to all safety guidelines, protocols and regulations
- Assisted clients with preparing for the day
- Ensured clean and safe environment for the residents
- Provided high quality and support to clients with diverse needs including those with physical disabilities, mental health issues and developmental disabilities
- Encouraged clients to participate in safe physical activities to help boost mood and improve overall wellness
- Recognize and report abnormalities and changes in health status or physical appearance

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## Education

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**Willy Bright College** **09/13 - 07/19**  
**Majored in science studies - A-level West African senior secondary school**

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## Key Skills

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- Strong verbal communication
- Attention to details
- Community activities
- Client safety and first aid
- Behavior redirection
- Risk management and analysis
- Medication administration
- Care plan management
- Compassionate client care

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## Certifications

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- Care planning
- LGBTQ+
- Moving and handling of people
- PPE ( Covid-19) essentials
- Cyber Security Essentials
- Radicalisation and Prevent
- Mental Health Awareness
- Fire Safety Awareness
- Autism Awareness
- Eating and Drinking Support
- Handling information - GDPR & Data Protection
- Epilepsy Awareness
- DoLs Essentials
- Risk assessment in social care
- Privacy and Dignity in Care
- Safeguarding Children and Adults
- Recording and reporting
- Dementia
- Diabetes essential
- Infection Prevention and Control
- COSHH
- Food Safety and Hygiene
- Medication - Supporting, Assisting and Administration (1&2)
- Mental Capacity Act