

MODADEWA ADEDOJA AROLOYE

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COVER LETTER

As a support worker in an Adult/children's residential home, I provide emotional and practical support to service users, help service users meet their personal care needs sensitively and appropriately to a high standard, including personal hygiene, assistance with laundry, and preparing meals and drinks.

I enjoyed the challenge of working in a busy and demanding work environment. I am a hardworking, adaptable, and flexible individual who takes the opportunity of learning new skills and methods of working. I am used to working as a team member but I am equally confident working alone using my own initiative. I am a dynamic and reliable person who is adaptable and willing to learn skills within new environments, excellent interpersonal skills with the ability to communicate with people at various levels. I am able to work under pressure whilst meeting deadlines and targets, I am flexible and adaptable, and am willing to train and learn new skills. Well-developed time management skills. I am a highly energetic individual, confident, proficient, and reliable. Ensure that each is supported as far as possible to exercise their rights in the following areas: Privacy, choice, participation in decision making affecting their lives, expression of their own cultural identity, entitlement to service, feedback on the service they receive, and the right to complain, protection of their property, maintaining links with family and friends, liaise with other professionals on behalf of the individuals we support.

Maintain contact with a wide range of outside professionals, e.g., general practitioners, dentists, and therapists, Liaise with Day Service providers, keep records and participate in administrative tasks. Supporting service users to take any prescribed medicines also complying with all medical policies, including storage, administration, and record-keeping.

Enable service users to achieve independence as far as possible in all areas of their life by providing appropriate information, opportunity, training, counseling, and support, help service users to identify and choose their support needs, assist in devising, implementing, and reviewing care plans.

Provide a safe, comfortable, and supportive home for the individuals we support, Support service users to actively contribute to the running of their own house. I have worked as a support worker with people who suffered mental disorders such as dementia, schizophrenia, anxiety, and depression for more than two years. I have a huge passion and flair for the wellbeing and support of people with Mental Health Ailments. My experience in health and social care has given me an insight into how to communicate with mental health service users.

References - I have many excellent references, and these are available upon request.

EDUCATION

B.SC. Marketing – Covenant University (2009)

National institute of Marketing of Nigeria (Chartered, 2011)

CERTIFICATIONS SENSE

e-Health and safety
e-Fire safety essentials
e-Manual Handling of Objects
e-Slips Trips and fall
e-Confidentiality and Data Protection Awareness
e-Dignity and Privacy
e-Safeguarding Level 2
e-Autism Awareness
e-Supporting eating and Drinking
e-Learning Disability an Introduction

KEY SKILLS

- Sensitivity and Empathy
 - Meal preparation.
 - Mental Health managements
 - Dignity and Respect
 - Interpersonal Skills.
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- Management Skills.
- Microsoft Office Proficiency.
- Organizational skills.
- Positivity and Cheerfulness.
- Sensitivity and Empathy.
- Time-management skills.
- Record Keeping skills.

LEADERSHIP SKILLS

- Communication.
- Motivation.
- Delegating.
- Positivity.
- Trustworthiness.
- Creativity.
- Feedback.
- Responsibility

LANGUAGES

- English

PART TIME WORK EXPERIENCE

Care/Support Work Experience

Support Worker

SENSE.

Dec 2022 – April 2023

- Meeting with clients to discuss their practical and emotional needs.
- Designing care plans that best suit the service user's needs.
- Providing emotional support by talking to clients about their needs and listening to their concerns.
- Assisting with domestic tasks including shopping, cooking, cleaning, and washing.
- Tending to the healthcare needs of each client.
- Helping services users apply for, disability grants, and housing loans.
- Counseling service users with drug or alcohol addictions.
- Training family members in basic support techniques.
- Helping service user to participate in leisure activities.
- Making case notes and managing the case logbook

Care Assistant

Care UK (Part-time)

Oct 2022 – Feb 202

- Assisting with daily living activities such as eating, showering and using the toilet
 - Utilizing equipment to move patients when necessary
 - Helping tidy the patient's home or room
 - Taking the patient's vital signs such as blood pressure and temperature
 - Talking to patients and reassuring them
 - Attending meetings with other healthcare professionals
 - Assisting nurses and other staff when needed
 - Adhering to professional standards
 - Delivering reports to Case Managers and reviewing any important changes in the patient's condition
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Other Employment. UK Experience. Part Time

Atlas Hotels Hilton by Hampton
June 2023 till Date

DNATA Catering (Agency – Peoples solutions)
Hozelock (Agency – Peoples solutions)
April 2023 till June 2023

Sainsbury (Agency – Jobs and Talent)
Oct 2022 – Dec 2022

Other Experience Nigeria

Dadetoff Health Care Lagos Nigeria.
Charity organization
Volunteer Support Worker
July 2015 – Oct 2022

- Provide day to day management and support to vulnerable children, adults and the elderly.
- . Aided service users in everyday activities such as washing and dressing, ensuring constant safety and effective care.
- Adhering to all Policies and Procedures of the Organization
- worked with other professionals such as therapists, doctors, Pharmacists on behalf of the clients making sure their health needs are met.
- Ensured patient safety by conducting patient rounds as per organization protocol and escalating concerns identified.
- Charted daily observations, mobility activity and eating percentages to aid continued client assessment.
- . Improved service users' daily lives through compassionate conversation, empathetic care and community socialization.
- . Ensured safe, secure living conditions for service users, reducing risks and enhancing quality of life.

Regional Trade Representative
Samsung Electronics West Africa.
April 2013 – July 2015

Business Development Executive
Placepoint Limited.
Jan 2012 – Dec 2012

Marketing Specialist
Clearmove Nigeria Limited (Oil & Gas/Solar Panels).
Nov 2011 – Dec 2011

Customer Relationship Manager
MTN Nigeria Tuken Nig. Ltd.
Dec 2009 – Nov 2010

REFEREES

AVAILABLE ON REQUEST.