

# TANAKA MUTERO

## PROFESSIONAL SUMMARY

A healthy care assistant with a thorough approach to deliver healthcare services to service users including good practice, upholding health and safety standards. Knowledgeable in care of adults and elderly, in addition to those with special needs. I am able to apply myself to clients' needs and can work along a side team. I am a very good team player with the ability to work under pressure, behaving professionally in all situations, constantly concerned for results and strive for improvements. I am able to work with no or minimum supervision and willing to learn at all times and can as well as adapt easily to new situations, communicate in a clear and friendly manner and can relate well with people. I consider myself hardworking, flexible with good decision-making, problem-solving skills as well as excellent interpersonal and communication skills. I am honest, professional, approachable and consistent in all my encounters with patients of all backgrounds and I always thrive to provide a high standard of practice and care at all times.

## WORK HISTORY

### 06/2022 - Current Rumney Care Ltd

- Working there)
- Travelling to patients' homes and managing their care plan according to physicians' instructions
- Administering medication and insulin, completing blood pressure, glucose, urine and stool tests, oxygen saturation pulse
- Inspecting wounds, changing clothes, handling personal grooming and hygiene
- Testing of muscle weakness, bedsores and any signs of infection
- Listening to the concerns of family members and answering questions
- Educating caregivers and family on the aftercare or ongoing care of the patient
- Monitoring patient recovery and complying reports for physician
- Travelling to patients' homes and managing their care plan according to physicians' instructions
- Administering medication and insulin, completing blood pressure, glucose, urine and stool tests, oxygen saturation pulse
- Inspecting wounds, changing clothes, handling personal grooming and hygiene
- Testing of muscle weakness, bedsores and any signs of infection
- Listening to the concerns of family members and answering questions



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## SKILLS

- Over 6 Months' Work Experience
- Transferrable Skills
- Strives to reach the highest standards in clients' service, self-motivate, records with accuracy and detail-
- Word, updating reports on care plans, problem solving, team work, eye for details works on own
- Initiative and communicates effectively, both verbally and non-verbally, Compassionate, patient and
- Empathetic.
- Interpersonal and Communication Skills
- Listening, writing. It is essential that I have excellent interpersonal and communication skills in my role. I
- Have been constantly required to work with colleagues and Patients at various levels, from a range of
- Backgrounds and sectors. I have developed good oral and written skills and enhanced my report writing
- Skills.
- I have very good writing and speaking skills. I have demonstrated that I can speak and write logically
- When I am writing Patient's report. In my role as a Nurse Aid, I collected and analyzed data as well as
- Teamwork and Collaboration
- Analytical and Critical Thinking
- Organization and Time Management
- Dependable and Responsible

- Educating caregivers and family on the aftercare or ongoing care of the patient
- Monitoring patient recovery and complying reports for physician
- Memory Mutero (Family Member with disability)
- Dressing wounds
- Giving a shower
- Toilet care
- Food and nutrition
- Assistance on mobility
- Physical therapy Guadencia Nzvengera (Late)
- Giving a shower
- Preparing meals and feeding
- Assistance to toilet
- Administration of medicine
- Socializing
- Companionship

**04/2022 - 05/2022**

#### **Health Care, Nurture Care, Home Care Health Service**

- Travelling to patients' homes and managing their care plan according to physicians' instructions
- Administering medication and insulin, completing blood pressure, glucose, urine and stool tests, oxygen saturation pulse
- Inspecting wounds, changing clothes, handling personal grooming and hygiene
- Testing of muscle weakness, bedsores and any signs of infection
- Listening to the concerns of family members and answering questions
- Educating caregivers and family on the aftercare or ongoing care of the patient
- Monitoring patient recovery and complying reports for physician
- Collaborating with doctors and other healthcare professionals to develop improved diets and healthcare plans for patients.

## **EDUCATION**

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**A-Levels, Commercials, 02/2020 - 10/2021**

**Excell Collage - Zimbabwe**

**Red Cross First-Aid Certificate - 2022 International English Language Test (IELTS) band 6 Valid Driver's License Clean Disclosure and Barring Service (DBS) 'O' Level Certificates**

**Red Cross Home Based Care Certificate, 2022**

## **ADDITIONAL INFORMATION**

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- I have been working with a care company for more than a year which gave me great experience and i am looking for sponsorship.

# LANGUAGES

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English



Advanced

IELTS overall score : 6.5