

AUGUSTINE MLAMBO

PROFESSIONAL SUMMARY

Committed Health Care Assistant focused on enhancing daily life of patients through compassionate care. Provides physical assistance and mental stimulation for holistic wellbeing. Diligent in monitoring symptoms and progress to boost health outcomes.

WORK HISTORY

Health care assistant, 04/2023 - Current Nefid Personnel, LEEDS, United Kingdom

- Delivered high-quality, dedicated care to clients with disability, consistently achieving individual care plan objectives.
- Completed care documentation and monitored patient progress to achieve up-to-date records
- Offered compassionate physical and emotional support to patients, enhancing overall health and wellbeing.
- Picked up client shopping and prescriptions.
- Transported and accompanied clients to appointments.
- Completed laundry, ironing and dry cleaning.
- Closely monitored patient conditions, minimising need for additional medical attention.
- Administered medication and kept comprehensive records.
- Assisted in daily personal care routines for improved patient wellbeing.
- Assisted in all aspects of personal care, retaining comfort and dignity.

Support worker, 09/2023 - Current Sanctuary Ltd Care, Leicester, United Kingdom

- Identified and targeted anti-social behaviour using evidence-based interventions.
- Developed strong rapport with young people on 1:1 and group basis.
- Strengthened young people's ability to navigate risk and challenge.
- Attended to needs during challenging situations by offering advice and compassion.
- Conducted thorough risk assessments, maximising safety for detached work.
- Organised activities for youth to exercise talents, display skills and increase potential.



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Full UK Licence

SKILLS

- Activities of Daily Living
- Clean driving record
- Personal care
- Documentation expertise
- Exceptional communicator
- Compassionate care giver
- Safeguarding knowledge
- Health assessment and monitoring

- Practised privacy and confidentiality to adhere to guidelines and protocols.
- Encouraged social participation by accompanying users to social activities and community events.
- Sought to consistently improve support provided by identifying and discussing new ideas.

Support worker (Housing), 06/2023 - 09/2023

Innovation Health Care Recruitment, Exeter, United Kingdom

- Supported clients with rehabilitation and socialisation in community settings.
- Helped clients make informed decisions and follow individual treatment plans.
- Maintained confidentiality of clients' information.
- Provided timely intake, assessment and appropriate intervention to clients experiencing crises.
- Provided emotional support to patients and families facing challenging situations.
- Administered medication and treatment for patients.
- Maintained high levels of patient morale, providing guidance and encouragement through physical and emotional support.
- Worked in close partnership with families, friends and carers to improve care plan effectiveness.
- Documented accurate and updated caseload records and reports to streamline process.
- Empowered individuals to pursue hobbies and leisure activities such as shopping and creative activities.

EDUCATION

NVQ Level 2, Care Certificate, 01/2023

Caredemy - United Kingdom