

DOUGLAS AGYEI MANU

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PROFILE

A calm and patient-focused Registered Nurse with expertise delivering high quality care to clients in fast-paced hospitals. A versatile professional with 2 years experience providing tailored patient care to meet all aspects of their nutritional, physical, and emotional wellbeing. Adept at providing on-hand support for all nursing and doctoral staff. Fully trained on basic NMC health checks, including venepuncture, collection of specimen and wound management. Committed to complying with all first aid, health and safety and practice procedures and protocols.

LANGUAGE PROFICIENCY

ENGLISH: Speaking, listening, writing and speaking

WORK HISTORY AND EXPERIENCE

Care assistance – Arklens Innovative Care Ltd -Present 11/2023

- ❖ Offering compassionate care to clients residing in their homes, fostering independence, and ensuring a nurturing environment.
- ❖ Conducting shopping and managing domestic tasks to fulfill clients' requirements.
- ❖ Providing personalized care support to enhance individuals' overall well-being.
- ❖ Administering medications in adherence to prescribed schedules.
- ❖ Preparing nutritious meals tailored to clients' specific dietary needs and assisted with feeding.
- ❖ Assisting with mobility and performing exercises as outlined in care plans
- ❖ Collaborating with healthcare professionals to ensure a comprehensive care.

STAFF NURSE- April 2022 - October 2023
Seventh-Day Adventist Hospital, Kwadaso-Kumasi, Ghana

- ❖ Administered Medication: Monitored and administered medications, injections, oral, syrup and intravenous infusions as part of the overall care plan.
- ❖ Helping patients with daily mobility activity to aid continued client assessment.
- ❖ Assisting with manual handling and transferring of patient in compliance with hospital policy.
- ❖ Assessing, observing and speaking to patients during taking up the ward.
- ❖ Take care of safety measures to ensure the safety of patient, relatives and staff - reporting all accidents, risk assessment and incidents, completing relevant documentation and undertake further investigation.
- ❖ Adhere to infection control procedures to facilitate safe, and clean environment.
- ❖ Maintained effective communication with colleagues, clients/ patients and visitors in the ward
- ❖ Maintained thorough, accurate and confidential documentation in electronic medical records of patients.
- ❖ Change dressings and inserted, care and removing of catheter.
- ❖ Performing cardiopulmonary resuscitation on an unconscious patient.
- ❖ Collaborating with doctors and other healthcare professionals to develop improved diet and plans for patients.

Kumaning Medical Centre, Abrepo-Kumasi, Ghana- March 2021 - January 2023

- ❖ Updated charts throughout shifts with current, accurate information to maintain strict recordkeeping standards.
- ❖ Communicated directly with doctors and other health professionals to deliver care within standards, and maintaining a positive feedback
- ❖ Assisted patient with grooming, gowning, giving of psychological support, and educate patient on pre-operative and post-operative surgical procedure
- ❖ Administration of oxygen via nasal prongs and non-rebreather mask and transfusion of blood and blood products to patients with moderate and severe anaemia.

- ❖ Perform admission, recovery, discharge and transfer functions, coordinate with ward-in-charge and support services as required.

INTERNSHIP

Seventh-day adventist hospital, kwadaso-kumasi april 2020-2021

- ❖ Engaged in clinical rotations, gaining hands-on experience in diverse medical settings, and enhancing practical skills.
- ❖ Collaborated with multidisciplinary healthcare teams to assist in the implementation of personalized patient care plans, ensuring a holistic approach to healthcare delivery.
- ❖ Participated in clinical rotations at a psychiatric facility, broadening understanding and skills in mental health care.
- ❖ Contributed to patient care through active involvement in clinical rotations, developing a comprehensive understanding of healthcare practices.

CLINICAL SKILLS

- ❖ **Venepuncture:** Demonstrate the ability to undertake venepuncture/cannulation insertion competently using an aseptic or non-touch technique.
- ❖ **Patient Education and Administrative Tasks:** Provide patient education, manage admissions, and oversee discharges, ensuring a seamless and informed transition for patients.
- ❖ **Clinical Competence:** Perform patient intakes, contribute to care planning, and execute wound care procedures with a focus on clinical excellence.
- ❖ **Effective Communication and Problem-Solving:** Exhibit excellent communication skills and a problem-solving mindset, fostering positive interactions within the healthcare team and addressing challenges proactively.
- ❖ **Thorough Documentation:** Document all nursing procedures meticulously and appropriately, maintaining comprehensive and accurate records in line with professional standards.

EDUCATION

IELTS, British Council

2023

CARE SKILLS - FLORENCE ACADEMY

2023

qualification certificate

- ❖ Basic Life Support.
- ❖ First Aid.
- ❖ Health, Safety and Welfare.
- ❖ Infection Prevention and Control Lev 1
- ❖ Moving and Handling Theory
- ❖ Safeguarding Adult L 1 & 2(Adult support and Protection)
- ❖ Fire Safety
- ❖ Infection Prevention and Control Lev 2

COLLEGE OF NURSING – NTOTROSO, AHAFO REGION

2016 - 2019

Diploma in Registered General Nurse

GARDEN CITY SENIOR HIGH SCHOOL, KUMASI

2003 – 2006

West Africa senior school certificate

PROFESSIONAL ASSOCIATION

Nursing and midwifery council of Ghana - Licensed Member

REFERENCES

Dr. Randolph Adu

Medical Director

randolph@list.ru

Wellington Muchechesi Ngonidzashe,

Arklen Innovative Care Ltd, UK

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