

CONTACT DETAILS

✉ cathykue7@gmail.com

☎ +447721431468

🏠 8 Woodland Avenue Slough
Berks SL1 3BU

LANGUAGE SKILLS

- **English: Working Proficiency**

KEY SKILLS

- **Patient Care**
- **Companionship**
- **Attention To Detail**
- **Bathing & Grooming Assistance**
- **Dressing Wounds**
- **Problem Solving**
- **Working Under Pressure**
- **Communication Skills**
- **Great Interpersonal Skills**
- **Decision Making**
- **Taking Observations**
- **Willingness To Learn**
- **Hygiene**
- **Flexibility**
- **Dignity in Care**
- **Emotional Intelligence**
- **Safe Medication Handling**
- **First Aid**
- **Emotional Intelligence**
- **Confidence**
- **Empathy**
- **Taking Observations**

INTERESTS

- **Volunteering &
Community Involvement**

CATHRINE KUDZIE MOYO

Healthcare Assistant

PROFESSIONAL SUMMARY

Compassionate, empathetic, highly skilled and solution oriented Healthcare Assistant with demonstrated track record, dedicated in providing exceptional care for all individuals. Positive, energetic and results oriented with the skills to convey your passion for excellence. Caring individual with strong motivation to deliver exceptional patient care and assistant. Exceptionally organized and focused, adept at managing multiple responsibilities in a fast-paced and high-stressing environment.

WORK EXPERIENCE

Sheenamiles Care Services Healthcare Assistant

- Assisting patients with direct care tasks such as bathing, dressing, washing, feeding and toileting.
- Administering medications and treatments, then monitoring patients for side effects and reactions.
- Monitoring patients' conditions by taking temperatures, pulse, respirations and weight.
- Performing light housekeeping tasks such as dusting, vacuuming and changing bed linens.

Ministry of Health Child Care Child Healthcare Assistant

- Providing care that ensures children and young people the highest quality of life.
- Delivering all care as directed by the child's individualised care plan.
- Ensuring all documentation is completed correctly, accurately and signed for.
- Supporting with therapeutic activities and techniques using play or other identified strategies.

EDUCATION

5 Ordinary Levels including Maths, English and Science
Advanced First Aid
Community Based Health Care
Diploma in Caregiving

CERTIFICATIONS

Class Four Drivers Licence
Police Clearance – **No Criminal Record**

REFERENCES

Sheenamiles Care Services: chelsey.lithgow@sheenamiles.com
Ministry of Health Child Care: Mr R Tasaranawo
+26302426693347/+263772254245