



JOHN KAMUNGEREMU

KEY SKILLS

- Clinical Judgement
- Safeguarding policies
- Clinical Documentation
- Medication Administration
- Documentation expert
- Clean Driving Record
- Patient Monitoring
- Patient Advocacy and Support
- Basic Life Support
- Customer Service
- Lifting and Manual handling
- Workplace safety and health
- Monitoring of vital signs and behaviour.
- Team management
- Ability to multi-task
- Highly impassioned
- Emotional Intelligence
- Strong written and verbal communication
- Result Oriented

AWARDS AND ACHIEVEMENTS

- Instigated social/emotional support to improve residents' morale, gaining 100% positive feedback.
- Facilitated residents with daily hygiene, including showering, oral and palliative care, and incontinence care, minimizing rashes, sores, and

Profile.

A compassionate, and caring individual with more than one year of experience in care work for the elderly with different conditions such as (Dementia, Autism, Cerebral Palsy), and Chronic Diseases (High blood pressure, Stroke, Diabetes, and Arthritis). Take great pride in handling patients with a high level of professionalism, diligence, and empathy. These skills are underpinned by the concepts of confidentiality and dignity.

WORK EXPERIENCE

Support Work and Domiciliary Care Work: Adriel Supported Living, Southampton, Hampshire March 2023 to Current

- Responsible for facilitating daily personal activities such as assisting with bathing, dressing, and use of the lavatory.
- Responsible for cleaning and tidying the service user's room and doing laundry simultaneously.
- Monitoring individual activities and progress by continually updating and adjusting care plans to meet health well-being.
- Lead group activity programmes to support independence and encourage community inclusion.
- Ensure that a safe environment is provided for the service user by monitoring their surroundings for hazards such as fire hazards or tripping hazards.
- Prepare and served healthy, nutritious meals, taking into account any special dietary needs and personal preferences
- Assist in partaking in meals and ensuring that medication is administered in a time-efficient manner.
- Provide emotional support, by counselling the service users and encouraging them to be positive.

Anne's Nursing Home: Care Assistant April 2023 to Current.

- Responsible for the general care of patients including making beds, bed baths and grooming.
- Basic restorative care and personal care.
- Mental health difficulties and end of life care.
- Care for injury, sudden illness, skin care and denture care.
- Build caring, supportive relationship with clients, enhancing their daily life through personalized care.
- Communicate with service users about their needs and reporting any changes or concern to other members e.g. clients care team

soiling, gaining 0 incidents of bedsores/unwanted reactions.

- Created 60 nutritious meal plans and prepared daily servings with 80% improvement from patients eating balanced dietary meals and developmental needs.
- Improved the general mobility of bedridden service users by 15% through the implementation of mobility exercises.
- Attained 100% ratings for punctuality.

REFERENCES

- Available upon request.

Red Cross Society in Zimbabwe: Rusape Headlands **June 2022- October 2022**

- Guided basic patient assessments to assess the severity of the patient's condition, subsequently providing BLS to treat those conditions, acquiring 100% rate in resuscitating emergency patients.
- Developed as part of a 3-person team to treat patients & understand the service users' medical/family histories.
- Carried out safe and secure manual handling thus promoting independence whilst assisting patients with mobility.
- Collaborating with nurses to evaluate care plan outcomes and implementing or adjusting interventions according.

Ministry of Primary and Secondary Education: Teacher, Harare, Shamva

- Designed innovative teaching techniques that earned positive feedback by school management
- Boosted student success by maximising individual learning and balancing group and individual instruction models to accommodate different academic levels.
- Collected, analysed and tracked data on student progress.

EDUCATION: COURSES AND CERTIFICATIONS

Zimbabwe Red Cross Society (June 2022);

- Advanced First Aid Certificate.
- Nurse Aid Certificate.
- Community-Based Health Care Certificate.
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Foundation Degree in Arts Sociology, Great Zimbabwe University, Masvingo, Zimbabwe (August 2013)

Diploma in Higher Education (January 2006) Seke Teachers' College Chitungwiza, Zimbabwe

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