**DOREEN ADDAI**

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**PERSONAL PROFILE**

I am a highly motivated, energetic person who wants to dedicate her life to the health and social care sector. I am a caring and compassionate Health Care Assistant with three years of experience working with residents with different types of Dementia and elderly patients. Being independent and working efficiently on my initiative, was influenced by my confidence over the years, as a care assistant. During this period, I’ve acquired the skill of cooperation with the residents and my colleagues. I have learnt to work under pressure with due care and diligence, coupled with my self-motivation skills while managing my time. I have excellent communication skills helping me as a care assistant at my current job.

**WORK EXPERIENCE:**

**05/09/2023 – to present Employer:** Boateng Care / Caring at Home

**Position:** Health Care Assistant

**01/09/2020 – 21/08/2023 Employer:** St Peter’s Catholic Hospital

**Position:** Staff Nurse/Midwife (Ghana)

**October 2017 – August 2020 Employer:** Kumasi South Regional Hospital

**Position:** Rotation Nurse / Midwife

**Duties & Responsibilities:**

* Checking Patients’ conditions by taking temperature, pulse, respiration, and blood pressure
* Maintaining all necessary documentation and clinical records of patients while focusing on their confidentiality
* Arranging patients’ admission and discharge
* Helping to manually feed critical patients
* Assisting patients with food and drinks
* Assisting in daily living by dressing, grooming, bathing and toiletry to maintain general wellness
* Safe delivery of a newborn baby
* Providing antennal and Postnatal care to clients
* Administering medications and treatments
* Responding quickly to emergency conditions like Hypoglycaemia, hyperglycaemia etc.
* Developing Nursing care plan treatments
* Provide catheter care and change dressing
* Re-positioning patients to prevent bed sores and maintaining comfort

**EDUCATION AND TRAINING**

**Nursing and Midwifery Training College, Mampong Ashanti (Ghana)**

**August 2014 –September 2017**

**Yaa Asantewaa Girls Senior High School (Ghana)**

**October 2011–June 2014**

**Grace Baptist School (Ghana)**

**October 2002 –April 2011**

**E-LEARNING**

**September – October 2022**

* Infection Control.
* Fire Safety
* Food Hygiene
* Safeguarding and protection of adult
* Basic life support
* COSHH
* Equality, diversity, and infection
* Nutrition and Hydration
* Dementia Awareness
* Nutrition and Hydration
* A Care Workers Role
* Moving and handling
* Autism Awareness
* Skin Integrity and pressure ulcers
* Oral Health Care
* Medication - Supporting and Assisting

- Administration

* End of Life
* Mental health, Dementia and learning disability Essential
* Slips, trips, and falls
* Stress and resilience
* Stroke Awareness
* Whistle blowing with Confidence
* Anaphylaxis Awareness
* Radicalisation and prevention
* Mental health First Aid
* Communication skills
* First Aid Skills
* Privacy and Dignity care
* Recording and Reporting Bed Rail Safety
* Diabetes Essential
* Lone working
* Deprivation of Liberty Safeguards (DOLS) Dementia

**REFERENCES UPON REQUEST**