####

 ***Syble Chizanga***

 **Healthcare Assistant**

Gender: Female

Phone: 07584937603

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 ***WORK EXPERIENCE***

***January 2016- October 2021***

Employer : M&V Clinic

Occupation: Nurse Aide

City: Harare

**Was trained as a Nurse aide at M&V Clinic from January 2016 and commenced duties going forward up until October 2021.**

**Duties included but were not limited to:**

* Assisting in personal care.
* Transferring patients.
* Recording diagnosis and treatments.
* Recording temperature and blood pressure.
* Administering medication.
* Feeding patients.
* Recorded patient information such as mood changes, mobility activities.
* Maintained good relationships with patients and went an extra mile in supporting them.
* Always kept family, doctors, nurses and family updated on health conditions through regular communications.
* Supported patient wellbeing by planning and participating in daily activities.
* Maintained patient privacy, demonstrated sensitivity and confidentiality.

 ***December 2021- Present***

**Occupation: Senior Care Worker/ Healthcare assistant /Support worker**

Duties include but are not limited to:

* Assessing medical needs.
* Assisting with basic needs such as eating, bathing and grooming.
* Assisting with transfer and mobility to prevent falls and injuries.
* Preparing meals.
* Assessing care plan regularly.
* Help with housekeeping.
* Provide companionship.

 **PROFILE**

* A very patient, caring and responsible individual who has worked both with the young and elderly
* A very flexible individual who is able to adjust to situations who has worked extensively in the health sector.
* A responsible, trustworthy individual who is able to work under minimum supervision.
* A fast learner who is willing to undertake any training necessary for further knowledge, advancement and understanding.
* Good communication skills and interactive team player.

**Career objectives**

* Aspire to be in a position where I can arrive, focus and translate into reality objectives of and employer.
* To be in a position where I can team and cultivate on my abilities and make meaningful contribution.
* To attain and secure high levels of efficiency and quality in all work.

**Strengths**

* Ability to work effectively and harmoniously with colleagues from various cultures and professional backgrounds.
* Ability to work under pressure.
* Excellent interpersonal, organizational, communication and team work skills.
* Open to criticism.

 ***EDUCATION***

 2005 & 2007: 9 GCSE Subjects including Mathematics and Science.

 2021: **Oplex Careers**

 Online

 Level 4 Award in Health and Social care Advanced

2021: **Medex Group**

 Online

 Care certificate

2021: **ABJ Training Course**

People moving people

 **Additional Information**

* I have taken care of my mother for over 6 years who had a stroke up until she passed on. Therefore I have a better understanding from my personal experience how I ought to handle people, not only to take it as a job but as an opportunity to improve another person`s life in whatever challenges they may be facing.
* I understand that current situations should not degrade or change our perspective of individuals.
* I always handle clients the same way I would want to be handled.

***\*“There is no greater disability in society than the inability to see someone as more.”\****

 ***Robert M. Hensel***

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