

MUNASHE TANYARADZWA KATANGANDA

A hardworking and committed Health Care Assistant focused on enhancing daily life of patients through compassionate care. Having vast care giving experience in both home-based and hospital environment. Acting responsibly and with integrity in the best interests of clients while adhering to policy and guidelines.

SKILLS

- Patient risk assessment
- Patient handling and positioning
- Safe guarding children
- Safe guarding adults
- Spectrum basic life support
- Pain level assessment
- Organizational standards
- Safe administration of medicine
- Food safety and hygiene
- Infection control and prevention
- Moving handling using a hoist
- Washing and dressing patients

EXPERIENCE

November 2023 – Present

Health Care Assistant, Beacon Services Plus – Luton, United Kingdom

- Maintained optimal safety standards throughout service users home and care environment prioritising risk reduction, health and hygiene
- Completed documentation of care, hospital actions and patient activities for up-to-date client records.
- Submitted reports to the manager regarding status of the client.
- Used outstanding communication and interpersonal skills to build positive relationships with clients for exceptional satisfaction ratings.

August 2023 – October 2023

Health Care Assistant (Private), Mr Henry Kawara – Chegutu, Zimbabwe

- Maintained up-to-date knowledge on the latest care practices by attending regular meetings and training opportunities.
- Prepared healthy meals with additional meal time planning, feeding and support.
- Ensured the service user took all the medications as prescribed by their doctor as well as correctly recorded the MAR sheet

May 2022 – June 2023

Health Care Assistant (Permanent), Health Point Harare, Zimbabwe

- Vigilantly monitored changes in physical and mental health, reporting deterioration to senior care assistants for urgent attention.
- Safely escorted patients during medical appointments and hospital visits
- Worked closely with nurses to maintain high levels of communication.

EDUCATION

December 2023

Beacon Services Plus – Luton, United Kingdom

CPD Accredited Certificates

- All in One Mandatory Training
- Safe Handling of Medicines

- Moving and Handling
- Behaviors and characters that challenge

July 2023

Beacon Services Plus – Harare, Zimbabwe

CPD Accredited Certificate

- All in One Mandatory Training

September 2022

Kuda Care – Harare, Zimbabwe

NQV Level 3 Equivalent Certificate

- Nurse Aid Level 3 Certificate
- Advanced First Aid Level 3 Certificate
- Community Based Health Care Level 3 Certificate

2017 - 2018

Moleli High School – Zvimba, Zimbabwe

Zimbabwe School Examination Council

General Certificate of Education Advanced Level (11points)

- Mathematics **B**
- Biology **B**
- Chemistry **C**

2016 - 2016

Moleli Secondary School – Mashonaland West, Zimbabwe

Zimbabwe School Examination Council

GCSEs Ordinary Level Zimbabwe (11 Subjects-7As 4Bs)

- Mathematics **A**
- Geography **A**
- Integrated Sciences **A**
- Shona **A**
- Agriculture **A**
- History **A**
- Computer Sciences **A**
- Religious Studies **B**
- Biology **B**
- Physical Science **B**
- English **B**

AWARDS AND RECOGNITION

February 2023

Health Point – Harare, Zimbabwe

Best Female Driver

December 2023

Kuda Care – Harare, Zimbabwe

Best Groomed Attaché

REFERENCE

Beacon Services plus Mr Johnson Sithole (<i>Care coordinator</i>) Email- johnsonsithole683@gmail.com Contact- +447824586985	Private Mr Tinashe Kawara (<i>Elder Son</i>) Email- tkawara53@gmail.com Contact- +263776618293	Health Point Mr Tatenda Lionel Gwanzura(<i>Manager</i>) Email-tatendalionelgwanzura@gmail.com Contact-
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