

JANET OSEI

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SUMMARY

A proactive, compassionate and confident nurse with excellent interpersonal relationship skills, and high level of professionalism. Providing exceptional care services thorough excellent communication, monitoring and dedication to safe nursing practices for continued patient trust. Maintaining optimum levels of patient care through continued kindness and commitment to safe working practices.

Passionate health care team member with required skills and training to safely support patients and assist clinical team members. Always ready to help with hygiene, mobility and cleaning needs. Works diligently in a fast-paced environment to stay ahead of continuous patient workload.

CORE SKILLS

- Empathetic
- Caring and compassionate
- Safety Awareness
- First aid training
- Meal preparation and serving
- Housekeeping

WORK EXPERIENCE

SENIOR CARER

September 2023 to date

PRO CARE TEAM – TW4 6JQ

Responsibilities:

- Provided compassionate personal care for service users, offering support with washing, dressing and medication.
- Provided personalized care and support to vulnerable service users, helping them retain maximum strength.
- Monitored service user's conditions closely and escalated concerns to management team.
- Promoted positive physical and emotional wellbeing through empathetic care and compassionate assistance
- Used outstanding communication and interpersonal skills to build positive relationships with clients for exceptional satisfaction ratings.
- Monitored client's physical and emotional wellbeing, promptly reporting changes and providing suggestions for care plan adjustments.

DABAA HOPE HOSPITAL, Ghana
General Nurse

January 2021 to July 2023

Responsibilities:

- Assisted in the admission of new patients into the ward by preparing bed, welcoming patients and orientating them in the ward environment
- Observing of vital signs and reporting anomalies to senior staff
- Assisted in meal planning for patients, taking into account any dietary instructions as identified by the qualified nurse
- Creating, implementing and evaluating patient care plans with the health care team
- Ensured patients' nutritional status was maintained by assisting with feeding / providing beverages and maintained nutritional chart as directed
- Keenly observed patient and reported any changes in patients' condition and dietary intake to the registered nurse in charge of the patients' care.

BROVELYN CARE AGENCY, GHANA

September 2018 to November 2020

Care Assistant

Responsibilities:

- Strictly adhered to infection prevention and control protocols through disinfection, decontamination, proper use of personal protective equipment effectively, hand hygiene and proper waste management
- Provided psychological and physical support to before, during and following clinical procedures or investigations
- Monitoring patient's health condition and reporting to senior staff
- Providing personal care for the elderly/aged
- Providing adequate education for clients on good hygiene and basic health habits

MANKRANSO GOVERNMENT HOSPITAL, GHANA

October 2017 to July 2018

Healthcare Assistant

Responsibilities:

- Checking and recording vital signs
- Providing first aid treatment
- Provided personal care
- Assisted patients in feeding, mobility
- Provided emotional support and companionship to patients
- Recognized and responded appropriately to urgent, emergency situations and escalated

EDUCATION

Care Certificate

Care Tuition, London

February 2023

DIPLOMA IN GENERAL NURSING,

Nurses Training College – Bolgatanga, Ghana

August 2017

REFERENCE

Available on request