**ABENA SERWAA YEBOAH**

**Care Assistant / Support Work**

**2 Sika Garden, Three Mile Cross-Reading RG7 1WF**

**07425728205 | Email: abenasyeboah89@yahoo.com**

***PERSONAL STATEMENT***



*Experienced and highly motivated healthcare assistant with over 5 years of experience in working on the frontline of care delivery, helping service users to overcome their everyday difficulties. Possessing the required sense of humour, inter-personal and communication skills needed to work in partnership with other nurses, medical staff, patients and relatives. In-depth understanding of relevant legislation, procedures and techniques. On a personal level, able to provide effective leadership and support to the entire care team. Looking to join top establishments, known for providing amazing career paths. Liaising with GPs, health professionals and the residents’ families and friends.*

**CAREER OBJECTIVES**

To seek employment as a Health Care Assistant or Support Worker in an organization where I can continue to give the highest level of comfort to my clients while representing the employer.

**SKILLS AND ABILITIES**

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| --- | --- |
| ✓ **Elderly Care** | ✓ **Personal Care** |
| ✓ **Disability Care** | ✓ **Medication Management** |
| ✓ **Meal Preparation** | ✓ **Documentation Management** |
| ✓ **Team Building** | ✓ **Cultural Awareness** |
| ✓ **First Aid Management** | ✓ **Therapeutic Communication** |
| ✓ **Good Leadership Skills** | ✓ **Patient Advocacy** |
| ✓ **Analytical and Critical Thinking** | ✓ **Computing** |
| ✓ **Multitasking** | ✓ **Good Interpersonal Relationship** |
| ✓ **Training and Development** | ✓ **Care Plan Management** |

**MANDATORY CARE WORKER COURSES**



|  |  |
| --- | --- |
| **2023 GREY MATTER LEARNING & FLORENCE ACADEMY** | |
| Food Hygiene | First Aid Skills |
| Infection Prevention and Control (Level 2) | Medication Supporting and Assistant (Part 1) |
| Information Governance Inc. GDPR | Safeguarding Adults |
| Lone Worker | Safeguarding Children |
| Medication Administration | Privacy and Dignity in Care |
| Mental Capacity | Epilepsy Awareness |
| Moving and Handling Theory | Buccal Midazolam Administration |
| Safeguarding Adults Level 1&2 (Adult Support and Protection) | Fluids and Nutrition |
| Conflict Resolution and Complaints  Handling | Dysphagia and Choking |
| Equality and Diversity | Fire Safety Awareness |
| Health and Safety | Infection Prevention and Control |

**WORK EXPERIENCE**

**TEZLOM 15/05/2023 TO DATE**

# CARE ASSISTANT/ SUPPORT WORK

Providing to all care needs of clients. Assisting clients with medication, monitoring for desired effects and adverse reactions. Assisting with personal needs such as daily washes, showers and oral care ensuring dignity and privacy is maintained. Meal preparation and support with food and drinks to meet nutritional and hydration needs noting food and fluid levels. Moving and handling using appropriate equipment and proper techniques. Providing companionship, support and reassurance to promote independence and improve quality of life. Conducting routine wellbeing and safety checks and reporting any concerns to appropriate members of the health team. Assisting with elimination and continence needs such as pad changes and catheter care. Maintaining proper and accurate documentation and records of all care rendered, noting irregularities and escalating as appropriate. Assisting with shopping, laundry and cleaning as required.



**ST. EDWARD’S HOSPITAL 01/11/2020 TO 04/05/2023**

# NURSE ASSISTANT CLINICAL

Performing comprehensive assessments to identify patient needs, devise care plans, modify care solutions and support patient rights. Evaluating medical information, as well as providing direct and individualized bedside nursing care to pre and post-surgery patients. Prioritizing nursing interventions commensurate with patient’s needs. Implementing, reviewing and revising plan of care according to change in patients state. Utilizing effective verbal and written communication skill through the presentation of pertinent information. Admission and discharge of patients from the ward Administration of intravenous infusion. Administration of medication (oral, intramuscular, intravenous and subcutaneous) Checking and recording of vital sign. Wound dressing and documentation, Blood transfusion and documentation. Feeding of a seriously ill patient, Checking and recording fasting/random blood sugar. NG tube feeding.

**ASONOMASO GOVERNMENT HOSPITAL 06/10/2018 TO 28/10/2020**

# NURSE ASSISTANT CLINICAL

Personalised care for patients and a range of clinical including: assisting patients with personal hygiene, toileting, use of continence aids, catheter care, stoma care, measuring & monitoring patient output, moving and handling, use of mobility appliances, correct patient positioning, assess pressure areas and skin integrity, ensuring patient safety, taking and recording physical measurements. Observing patients for changes in condition.

**Full up to date DBS certificate**

**Provisional Driving License**

**EDUCATION**

**School** - Nursing & Midwifery Training College, Asanta – Ghana

**Period** – September, 2015 to November, 2017

**Certificate** – Registered Nurse Assistant Clinical Certificate (NMC-GH)

**School** - Adventist Senior High School

**Period** – May, 2008- June 2012

**Certificate** – WASSCE (West African Senior School Certificate Examination) **PROFESSIONAL AFFILIATION**

November, 2020. Registered Nurse Assistant Clinical

**HOBBIES AND INTERESTS**

● Travelling on work assignment. ● Music and Reading.

**REFERENCES**

## Tezlom

## Reading

## [reading@tezlom.com](mailto:reading@tezlom.com)

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