

# Aisha Awudu

## Support Care Worker

### Contact

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### Education

Kwame Nkrumah University of Science  
and Technology, Ghana  
**B.A. Sociology and Social Work**  
Second Class Upper Division

### Training

Training Institute	Course Title	Year
Simplecare Academy, Bradford, UK	Mandatory Social Care Training	2023
Kennores Healthcare Recruitment, Leeds, UK	Level Two Social Care Training - CPD	2023
McKinsey Forward	Decision making and leadership training	2023
Udacity, USA	Data Analyst Certificate	2022

### Key Skills

- Good interpersonal skills
- Great written and verbal communication
- Ability to use MS office suite (Word, Excel, PowerPoint, Access etc)
- Ability to use task management systems such as Asana, Jira, Clickup etc
- Ability to learn and adopt to new environments with great attention to detail
- Great team player and leader
- Ability to work within given timelines

### Summary

Motivated skilled worker with over five (5) years of progressive experience. Energetic self-starter and team builder. Navigates high-stress situations and achieves goals on time and under budget.

### Experience

07/11/2023 - Now

Support Worker (Community) - Ethicare – Leeds, UK

- Safe guarding and ensuring the wellbeing of service users are prioritized.
- Encourage service users to participate in social and recreational activities and listening to their concerns.
- Moving and handling service users as and when required.
- Undertaking domestic tasks like shopping, cooking, cleaning, personal care and washing.
- Administering medication.
- Writing reports and updating care plans.

24/04/2023 - Now

Support Worker - JayJay Social Care – Leeds, UK

- Providing emotional support by talking to clients about their needs and listening to their concerns.
- Assisting with social and domestic tasks.
- Taking notes and working with care plans
- Attending to the healthcare needs of each client.

04/08/2017 – 15/04/2023

Care Assistant - Apage-GH Healthcare – Accra, Ghana

- Documented care plans, hospital actions and patient activities in line with best practices.
- Assist clients with personal care tasks, such as washing, dressing, eating and toileting.
- Assist in the safe lifting, transferring, repositioning and movement of clients.

### References

Available on request