#### FAUZIA ALHASSAN

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### PROFESSIONAL SUMMARY

I am a results-driven, people-oriented, and proactive individual with a special interest in human capital. I am also a strong team player who works well with colleagues and superiors, and I have a strong desire for excellence and structure in task execution. My greatest ambition is to make a difference in the lives of those around

### **EDUCATIONAL BACKGROUND**

• University of Energy and Natural Resources, Sunyani- Ghana

BSc. Chemistry

August, 2018 to June, 2022

• T.I Ahmadiya senior High, Kumasi -Ghana

West African Secondary School Certificate Examination (General Science)

September, 2014 to June, 2017

### **KEY SKILLS**

•	Elderly care	•Health Assessment and Monitoring
•	Exceptional communicator	•Care Plan Management
•	Manual handling	•Medication Administration
•	Food safety, safety plan	•Records and Reports Keeping
•	Meal Preparation	•House Keeping
•	Home Care	•Home Health

#### **WORK EXPERIENCE**

# July 2022 – July 2023: Mamponteng Elderly Care Home

#### **Position: Care Assistant**

- Attend to residents' homes to provide everyday care with a primary focus on personal hygiene, mental stimulation, and general well-being
- Ensured the ongoing maintenance and upkeep of client homes to promote a safe, clean, and comfortable environment for residents

- Reinforces or assists in educating residents on hygiene as dedicated by senior health care officer
- To operate within the equality and diversity framework.
- Assists patients with activities of daily living, grooming, and bathing
- Ability to prioritize, organize, and communicate well with residents
- Monitoring residents closely on their medications and other physiotherapy assessment

## September 2021 to December 2021: Okomfo Anokye Teaching Hospital – Kumasi

## Position: Health Care Assistant/Support Worker

- Escort patients during medical appointments and hospital visits.
- Meets patients and families to discuss care plan adaptation, seeking continual improvement.
- Monitor changes in physical and mental health, reporting deterioration to nurses for urgent attention
- .Aid service users in everyday activities such as personal care, oral care, meals preparation, general cleaning of the home, refuse disposal, and ensuring constant safety and effective care.
- Administer medication, and blood pressure checks.
- Documenting and monitoring patient progress to achieve up-to-date records.
- Work closely with nurses to maintain high levels of communication.
- Monitor meals and liquids intake of patients and recorded.

#### July 2017 – July 2018: Mamponteng Methodist Basic School

#### **Position: Health Teacher**

- Creates vibrant learning atmosphere through interactive exercises and discussions for set goals
- Responsible for providing general administrative support to a team of senior health workers. Keeping
  meticulous administrative records.
- Supporting Teacher and Student in resident care, non-clinical support and infection control tasks.
- Organize and maintain health information in papers, files and electronic systems.
- Provide additional support to struggling students, promoting improved academic excellence and confidence

## **REFEREES**

Available on request