

OLUWASEUN DOLAPO, OLOTU

Professional Summary

Highly dedicated and reliable Care Worker with a strong record of elderly healthcare experience and strong attention to detail. Adept multitasked able to address a wide variety of patient concerns with courtesy and professionalism. Skilled in handling difficult and tense interpersonal situations efficiently and safely.

Contact

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Work Experience

Health Care Assistant

Yod Care Service | Jan 2023 -Till Date

- Maintained excellent client relationships by offering both practical and emotional support to the vulnerable throughout care
- Adhere to all safety guidelines, hospital protocols and regulations
- Provided clients with exciting and mentally stimulating activities to increase and improve their quality of life
- Supported clients with daily care duties such as bathing, washing, toileting and cleaning
- Provided clean, hygienic environment for clients
- Helped clients feel independent by motivating them throughout daily tasks such as cleaning, working and feeding
- Assisted clients with getting up and preparing for the day

Languages Spoken

English (Fluent)

Health Care Assistant

Eminent Care Home | Feb 2022 - Dec 2022

- Monitored patient health, behavioral and physical changes, promptly reporting concerns to ward supervisor
- Carry out job related tasks and duties as assigned
- Ensure clean and safe environment for the residents
- Provided high quality care and support to clients with diverse needs, including those with physical disabilities, mental health issues and developmental disabilities.

Skills

- Emotional support and companionship
- Patient relations
- Health monitoring
- Toileting assistance
- Being flexible and adaptable
- Cooking and preparing meals
- Sterilization techniques

Health Care Assistant

Trophies Maternity Home, Ibadan | Feb 2020 - Jan 2022

- Encouraged patients to participate in safe physical activity to help boost mood and improve overall wellness
- Recognized and report abnormalities and changes in patients health status to nursing staff
- Administered medications to clients at scheduled times
- Provided high quality care and support to clients with diverse needs, including those with physical disabilities, mental health issues and developmental disabilities.

Academic History

University of Ibadan

B.Sc in Political Science | 2010 - 2015

A-level West African Senior Secondary School

Certifications

- First Aid
- Dementia Level
- Basic Life Support
- Fire Safety
- Mental Capacity
- Food Hygiene
- Time Communication
- Duty of Care
- Health and social Care
- Mental Health
- NVQ/QCF Level 2
- Prevention and Management of Violence Aggression
- Medication
- Medication Awareness and Dosage Calculation

References

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