



Violet Pepukai

Elderly Care Assistant

Contact Me

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 pepukaiviolet@gmail.com

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Birth Date

08/Jan/1988

Other Info

Languages

English, Shona(native)

Interest

Travelling, Fishing & Cooking

References

Dolphins Corner Assisted Living &
Guest House

Manager: Ms Simonney Swanvelder

Cell : (+27)0745588822

Supervisor : Tracy Lupindo

Cell : +27798902423

email :

admin@dolphincorner.co.za

: info@dolphincornet.co.za

Summary

I am a very diligent and enthusiastic care assistant looking to further develop my skills whilst helping others. Particularly skilled in caring for elderly, physically and mentally challenged. I am well-rounded with skills that can be applied in diverse working environment and I can prove myself to be an asset in the position I am occupying. I enjoy engaging in complex problems and pride myself on a meticulous work ethic that enables me to thrive under pressure. I am eager to explore more opportunities that can provide a platform to launch my career. I am assertive, dynamic, energetic, agile, positive, mindful, great team player, a go-getter and very determined.

Education

Chilton Au Pair Training Placement

May 2022 - May 2022

Elderly Care Assistant Training

First Aid & CPR Training

Harare High School

2002 - 2005

G.C.S.E Level

High School Diploma

Experience

Dolphins Corner Assisted Living

May 2022 - August 2022

Elderly Care Assistant

Completed 200hrs of (volunteer) care training

- Provided care to 18 clients 12hrs per day including physical care (lifting and bathing)

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Home-based care  
Supervisor: Margaret Matapura  
contact :+27604321030  
email :mmatapura@gmail.com  
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Multidirect Investments 6PTY LTD
Manager :Stephanie Hóll
cell : +27849027772
email :Stephaniehóll@gmail.co.za

Others

CORE SKILLS

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Physical strength & stamina  
Fluid and Nutrition  
Basic Life support  
Dementia care  
Personal care  
Elderly care  
Care plans

Covid Vaccination Certificate  
First Aid & CPR Certificate  
Elderly Care Certificate  
TB Test Certificate  
IELTS Certificate  
Police Clearance  
Valid Passport

- Monitored clients health, behavioral and physical changes
- Delivered mobility support including hoist, vehicle aides and wheelchair transfer .
- Assisted clients with the use of bedpan, bed bath,diaper changing and toilet.
- Turning bed ridden patients in various positions to avoid bed sores.
- Administering and pre-packing medicine (medical charts)
- Meal planning and ensuring the clients followed their nutritional plan.
- Assisted clients with the use of home oxygen and nebulizer.
- Vital checking (signs)and urine recording.
- Different methods of giving medicine and storing them.

## Home- Based Care

Feb 2017 - August 2020

Personal Care Assistant

- Provided quality personal care including bathing, dressing and grooming.
- Completed household chores washing, cleaning and maintain a clean and safe environment.
- Assisted with oral care and brushing
- Meal planning and preparation.
- Delivered mobility support including wheelchair transfer.
- Administering medication.

## Multidirect Investments 6PTY LTD T/A On The Deck

May 2021 - Current

Office/Warehouse Assistant

- Laser Engraving
- Receiving and Dispatch
- Stock control and stock take
- Picking Orders
- Inventory
- Filing