

# Sibusisiwe Sibanda

## Care Assistant

**Address:** 32 Trinity Street Halstead,  
Essex CO9 1JA

**Contact:** 07918311044

**Email:** sibusisiwesibanda717@gmail.com

### Professional Experience



**Nov 2023 - Present: Care Assistant Global M'ckarm International Care Services Limited, Aylesbury**

- Delivering compassionate personal care services, ensuring the well-being of service users
  - Monitoring and providing support during sleep cycles, coupled with proficient household management
  - Assisting with feeding and administering prescribed medication with meticulous attention to detail
  - Maintaining accurate record-keeping and efficient management of care processes
  - Ensuring impeccable hygiene by making and changing beds, and consistently maintaining clean and tidy rooms
  - Providing both physical and emotional care to enhance the overall quality of life

**June 2018 - Sep 2023: Midlands Aids Caring Organization Zimbabwe**

- Proficiently assisted patients with activities of daily living, encompassing bathing, feeding, and toileting
- Offered reliable transportation, invaluable assistance, and meaningful companionship
- Dispensed medication with precision and actively participated in therapeutic programs
- Contributed significantly to meeting the diverse daily needs of service users

### Education History



- Diploma in Caregiving
- Ordinary Level

### Skills & Specialization

• **Strong Interpersonal skills:**

Establishing and maintaining positive relationships with service users and colleagues

• **Pressure Handling:** Demonstrating composure and effectiveness in high-pressure situations

• **Excellent Communication skills:**

Clear, concise communication to convey information effectively

• **Adaptability:** Eagerness to learn, coupled with a proactive approach to corrections and improvement

### Hobbies

*Engaging in enriching activities such as reading, outdoor pursuits, and appreciating diverse music genres*