: UNITED KINGDOM,LONDON +447749539965 :kanerusineshelter@gmail.com PROFILE A well-trained and experienced care giver who is passionate about providing excellent and reliable care and enjoys a meaningful one to one care and making a significant impact in individuals lives. Always ready to help with hygiene, mobility, and cleaning needs. A courageous, caring, consistent and empathetic caregiver who works fast to stay ahead of continuous client workload and shows emotional support to clients. Delivers attentive and compassionate care and fully trained in 15 care certificate standards and care giving diploma.

**SKILLS .** High personal and oral care **.** Administration of medication

**.** medical records management **.** Clean driver

**.** CPR and first Aid **.** Wound dressing and vital checks

**.** Good communicator **.** attention to detail.

**WORK EXPERIENCE**

 **PTSMART CARE (April 2023 –October 2023) Domiciliary Care assistant**

* Providing personal everyday care such as washing, dressing, toileting and general hygiene
* Helping with taking of pain medication and pain-relieving techniques
* Preparing and serving healthy, nutritious meals and assisting clients with feeding when required
* Accompanying clients to doctor’s appointments.
* Ensures ongoing maintenance and upkeep of the house to promote a safe, clean, and comfortable environment.
* Identifying activities that would appeal to client’s and ensure that they are suitably stimulated.
* Assistance with all aspects of medication and the usage of aids
* Providing companionship and support in the customers’ mental and physical activities such as shopping or to the cinema, reading and talking to them.

# Caregiver/ Carer May 2022 - January 2023

# Private elderly client

* + Assisted with personal care, which included toileting, bathing, grooming, dressing, and eating.
	+ Helping with mobility around the home
	+ Followed a prescribed healthy meal plan.
	+ Assisting with medication administration
	+ Assisted with housekeeping such as cleaning and vacuuming.
	+ Monitored and reported changes in health, behavior and need.
	+ Provided mobility assistance, helped the client in and out of bed, chair or a wheelchair.
	+ Provided with emotional support and encouraged them to perform necessary tasks.
	+ Running errands such as food shopping or picking prescriptions

# Early Childhood Teacher Jan2010-April 2022 Kwekwe Primary School

**Key responsibilities**

The focus was to provide care and teach children below 10years who needed special care. These included children with learning difficulties and down syndrome and other ailments.

* Provided personal care such as general hygiene and diaper changing.
* Teaching them according to their needs
* Worked closely and communicated with parents to ensure needs were met.
* Coordinated various activities such as children’s swimming, dancing lessons, athletics and assisted in development of fundamental learning skills.

* BED in Early Childhood Education

Midlands State University Gweru, Zimbabwe

**CERTIFICATION** 15 care certificate courses from Caredemy

Allison diploma in care giving.



Available on request