

Marcus Mamvuto

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Objective

To provide health promotion, counseling and education in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.

Experience

- First Class Healthcare Ltd** 25-10-23 - Current
Senior Care Worker
Achievements and Tasks
 - Assisting adults with ADL's
 - Bed making and damp dusting
 - Meal preparations and serving
 - Laundry and general house keeping
 - Supporting patients with mobility equipment
 - Nursing care planning
 - Proper record keeping
- North Haven Medical Center** 01/22 - 09/23
Health care Assistant
Achievements/Tasks
 - Observing and taking care of a patient suffering from dementia for 28 days
 - Vigorously strengthening patients in mobility and positioning, achieving a 15% lower rate of bedsores in the patients than the average for the ward
 - Coordinating 15+ residents each shift with Activities of Daily Living (ADL's) ensuring on time schedules for the meals and activities
 - Updating patients profiles in healthcare record system by updating over 50+ patient's records daily
 - Specimen collection (eg urine and feecal) and to instruct patients to do so with 100% accuracy
- Jairos Jiri** 01/20 - 12/2021
Care assistant
Achievements/ Tasks
 - Cared for 20 patients in isolation for transmissible diseases
 - Educated patients and relatives to use mobility aid devices
 - Inducted as a member of medical emergency scenario team
 - Guided companionship, laundry and shopping to the service users while increasing efficiency by 90%
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- Private residences** 01/15 - 12/16
Care Support Work (Long Term Care Elderly Patients)
Achievements and Tasks
 - Lifting the client using the appropriate equipment in accordance to lifting and handling policy
 - Assisting in Activities of Daily Living (ADL's) eg Bathing grooming and toileting
 - Escorting patient to medical appointments and shopping
 - Companionship - communicating and taking interest in the client's needs
 - Continence management
 - Vital observations eg. Temperature, Blood pressure, Pulse rate
 - Proper record keeping and reporting to the immediate Registered General Nurse on any changes/problems on patient's condition.
 - Ensuring patient' s safety when undertaking any tasks and assignments and reporting any adverse events or near misses to supervisor immediately

Education

Course / Degree	School / University	Grade / Score	Year
Certificates in Care	Florence Academy	Pass	2023
Diploma in Care Giving	Alison	Pass	2023

Skills

- Stroke recovery support Chronic disease management Safeguarding vulnerable persons Data confidentiality measures Hygiene health and

safety Dementia and Alzheimer's support Needs and risk assessment Patient focus care Safe patient handling Meal planning and preparation Progress documentation Medical records management CPR First Aid Home support tasks Nursing care of terminally ill patients Age appropriate activity planning Palliative care Professional integrity Honest Critical thinking Effective communicator Extremely organized and efficient Hard working and willing to learn Reliable and punctual Teamwork and collaboration Positive attitude and energetic Strong interpersonal skills Exceptional listener

Key Abilities

- **Operate care-related equipment**
Ability to operate care-related equipment for safe patient handling. For example, Thermometers, BP monitoring machines, Humidifiers, Oxygen cylinders, Peg feeding, Standing hoist, Ceiling hoist, Zimmer frame, Ventilator, Nebulizer, Full hoists, Traction equipment.
- **Close Attention To Detail**
Ability to pay close attention to detail. Sensitivity to needs of others, trustworthy, integrity, and flexibility
- **Effective communication skills**
Good listener who pays attention to detail and ability to speak confidently at all levels and people of different levels
- **Excellent Time Management**
Ability to use time effectively and handle responsibility. Always meet targets.
- **Care Plan Management**
Ability to draw up care plans and follow them. Ability to detect any abnormalities in client's condition and report to the to the responsible supervisor
- **Work Under Pressure**
Ability to work under pressure and multitasking independently. Ability to take initiative and work independently or as part of the team

Selected Achievements

- Offered exceptional care to the elderly and disabled patients providing them with happy comfortable life
- Providing emotional support through interaction and companionship
- Ability to perform last rights on a patient as taught by the senior nurses
- Ability to train or support other new care assistant

Languages

- English

Reference

- Available upon request -

Additional Information

- CSTF Mandatory Training
- Tuberculosis Test
- IELTS band 6.5
- No criminal record
- COVID 19 Vaccination
- Computer Literate