I am a confident individual possessing good interpersonal skills and having a drive to see patient care to completion under minimum supervision. I am exceptionally well organized, energetic and highly motivated person accustomed to working under pressure and using own initiative in delivering quality health care.

I want to be able to go home with a smile on my face knowing l have changed someone's life in a positive manner. For the community at large, l seek to play a pivotal role in the reduction of emotional and mental health problems like depression through always being there for the clients, treating them with equality regardless of race, religion, beliefs and any disabilities.

I seek to take part in the provision of quality health care and embracing change (nursing is dynamic) so as to promote sustainability of health services rendered at the trust. In so doing, reducing the mortality rates at East and North Hertfordshire.

In brief, l will put the 6 C’s into good use through the following;

CARE

From the reception rendered to patients as they walk through the door up to the turn around time of services provided. Ensuring the clients feel at home.

COMPASSION

In provision of care to ensure the dignity of every individual is maintained through privacy and respect of one's race, religion and other beliefs. Being in a position to relate with the sufferings of the other at an individualised level.

COMMITMENT

The ability to be dedicated to my work by going an extra mile, giving it my all. Doing follow ups where necessary with other departments and patients.

COURAGE

Considering that nursing is dynamic, having the ability to change for the betterment of patient's health. Climbing that mountain so that quality health care is given at the right time always through implementation and advocacy.

COMPETENCE

Being a registered nurse, l earnestly seek to enhance my skills to standard through advancement whenever possible.Will seek this through continued education and trainings such that patient care is not compromised in any way.

COMMUNICATION

To achieve this through proper handover at shift change and giving detailed feedbacks. Also, to be a listening ear to patient's fears, concerns and anxieties and giving knowledge pertaining their conditions. To always encourage and exercise team work with colleagues.

Finally, I choose East and NHS because it’s a hospital which enables me exposure to various patient conditions. This will enable me to advance in my career and also making me a refined asset for the Trust.