CURRICULUM VITAE TAPIWA ZUNIDZA

46 Upper Mosscar Street Bradford West Yorkshire BD3 9JS +447741710069

tapiwazunidza@gmail.com

AMBITION

 Dedicated and compassionate support worker with a proven track record of providing exceptional care and assistance to individuals with diverse needs. Passionate about improving quality of life and promoting independence. Seeking an opportunity to contribute my skills and expertise in a dynamic and rewarding support worker role.

PERSONAL ATTRIBUTES

- Poised and professional with great interpersonal skills
- Ability to thrive in a dynamic and challenging environment
- Self-motivated
- Able to prioritize workloads and meet deadlines
- Able to learn new systems quickly and take initiative
- Diligent and willing to learn

SKILLS

- * Excellent at delivering patient centered care
- * Active listening and communication
- * Empathy and compassion
- * Crisis intervention and conflict resolution
- * Medication administration and management
- * Daily living assistance (bathing, grooming, dressing)
- * Meal planning and preparation
- * Record keeping and documentation.
- * Team collaboration and coordination
- * Cultural sensitivity and diversity awareness

TRAINING

- * Moving and Handling
- * Basic Life Support
- * First Aid
- * Documentation and Record Keeping
- * Health and Safety
- * Medication Administration

EDUCATION

- ZIMSEC Ordinary Level
- Home Based Care Certificate
- Nurse Aid

PERSONAL DETAILS

DATE OF BIRTH: 11 January 2000

SEX: Female

NATIONALITY:

Zimbabwean

LANGUAGES:

English – Fluent Shona - Fluent

COMPUTER SKILLS:

Ms Office Email and Internet

WORK EXPERIENCE

Company - UNB Health Agency
Dates of Employment – January 2023 - Present
Location – Bradford
Position - Support Worker

Duties

- * Assisting a diverse caseload of clients, including seniors, individuals with disabilities, and mental health challenges.
- * Collaborating with a multidisciplinary team to develop and implement client-centered care plans.
- * Supporting clients in achieving personal goals, fostering a sense of accomplishment and well-being.
- * Acting as a primary point of contact for clients and families, addressing concerns and providing updates.
- * Conducting regular check-ins and assessments, adjusting care plans based on evolving needs.

Working for an Agency gave me experience to work with the following companies:

United Response – People with Learning Disabilities Active Care – Mental Health and Learning Disabilities The Avenues – Young Children and Foster Parenting Affinity- Daycare for elderly people.

Reference:

Mr.Cuthbert Pazvakavambwa Operational Manager +44 7956268738

Company – Eden Recovery Center

Dates of Employment – January 2020 – October 2022

Location – Johannesburg, South Africa

Position - Support Worker

Duties

- * Individualized Care Planning
- * Assistance with Daily Living Activities
- * Facilitation of Therapeutic Activities
- * Emotional and Social Support
- * Communication and Collaboration
- * Documentation and Reporting
- * Safety and Crisis Intervention

Reference:

Mr H.Mupfuure Supervisor +27786589880

ACTIVITIES:

Reading novels, travelling and meeting new people, hiking